

The Pilgrim Messenger

April, 2011

Volume VI , Issue 3

PILGRIM BAPTIST CHURCH

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MINISTERIAL TEAM

Rev. Dr. Kenneth R. Board
Senior Pastor

Minister Angela Davis
Minister Carmen Jordan
Minister Sharon M. Olson
Minister Willie Reed
Minister David Sidney
Minister Carl L. Towns

"A Church Inspired by the Word and Empowered by the Holy Spirit."
ALL ARE WELCOME!



WEEKLY WORSHIP

Tuesday:

9:30 am—Bible Study

Wednesday:

12:00 Noon—Bible Study
6:00 pm—Prayer Service
6:30 pm—Bible Study
6:30 pm—Youth Bible Study
"JourneyLand Adventures"

Sunday:

9:00 am—Sunday School
10:30 am—Worship Service
10:30 am—Children's Church*
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Youth Soccer Ministry



PILGRIM'S PROMISE CDC & PILGRIM

Partner with Community for Youth Soccer Ministry at RESA Middle School

By Minister David Sidney
Pilgrim Baptist Church
Rockford, IL



What began as a side-bar conversation over lunch in October between **Joe Anderson** (*Anderson McInnis Architects*) and myself resulted in our approaching Pilgrim's Pastor, **Rev. Dr. Kenneth R. Board**, on a concept for developing a soccer ministry in Southwest Rockford. Viewed as a move of God and an answer to prayer, we began praying, strategizing, and meeting with several local entities to move the soccer ministry concept from ideation to reality.

In partnership with the Rockford Park District, Rockford Raptors, and Raptor Youth Soccer League (RYSL), Pilgrim's Promise CDC launched the first soccer clinic on Saturday, March 5, at RESA Middle School.

With ranges from first through eighth grades, many of the soccer students attend Lathrop Elementary School which Pilgrim Baptist Church officially adopted in September, 2010. The clinic was held all four Saturdays in March, with attendance from 45 to 52 students at each. Pilgrim's Promise CDC will host other soccer clinics in July, 2011, and February through March, 2012.

The rally at Lathrop, the number of participants and coaches, and the huge support by parents brought much joy to my heart! God is up to something BIG . . . and we have much excitement for what is yet to come! I cannot offer enough *thanks to the Rockford Park District, Rockford Raptors, RYSL, Lathrop's principal and teachers, and, of course, the parents*--but I am asking all of you to please accept my heartfelt thanks!

ABOUT MINISTER DAVID SIDNEY:



Minister Sidney directs the Children and Youth Ministries (CYM) at Pilgrim and is a third generation Pilgrim family member. He works at Gary Anderson Architects and also attends Northern Theological Seminary in Lombard, Illinois.

VISION STATEMENT:

The vision of the Pilgrim Baptist Church is the fulfillment of God's promise of salvation through the belief in the ministry of Jesus Christ and the empowerment of excellence in all people through Christian education and community activism.

EVENTS CALENDAR

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OTHER INFORMATION

News may be submitted to the Editor (as above) by the 15th of the preceding month. To receive the newsletter via e-mail, send request to editor.

Current and past issues are posted on Pilgrim's Website, managed by

Janie Wilson-Cook at
www.pilgrimbaptist.org

APRIL, 2011

03 Sunday	10:30 am - Worship Service / Communion
10 Sunday	10:30 am - Worship Service / Children's Church
10 Sunday	4:00 pm - Kantorei Boys Choir of Rockford in Concert at Pilgrim
16 Saturday	9:30-noon - Ministry Leaders' Training at Pilgrim
17 Sunday	10:30 am - PALM SUNDAY Worship (<i>Reception for Bea Taylor follows</i>)
21 Thursday	6:00 pm - MAUNDY FEAST/ Lydians
22 Friday	Good Friday—Church Closed
22 Friday	12:00 Noon - GOOD FRIDAY Service at New Fellowship: "SEVEN LAST WORDS!"
24 Sunday	10:30 am - EASTER / Worship Service



Pastor Board will bring the "2nd Word" at New Fellowship on Good Friday.

MAY, 2011

01 Sunday	10:30 am - Worship Service / Communion
07 Saturday	1:30 a.m. - Annual Spring Luncheon Honoring Mothers - All are welcome!
07 Saturday	6:30 p.m. - Ushers' Council Scholarship Banquet - Hoffman House
08 Sunday	10:30 am - Worship Service / MOTHER'S DAY / LYDIANS' ROSE BOWL
14 Saturday	PILGRIM BEAUTIFICATION DAY: 10:00 AM-3:00 PM
15 Sunday	10:30 am - Worship Service / Children's Church, Season End Celebration
22 Sunday	10:30 am - Worship Service / Children's Church, Last Service until Sept.
29 Sunday	10:30 am - Worship Service

BIRTHDAYS & ANNIVERSARIES

All are birthdays unless stated otherwise!

APRIL, 2011

07 Michael Mann
08 Janet Mitchell
18 Greta Foster
19 Mother Bea Taylor (106)
20 Clara Anthony
20 Nan Mynatt
22 Albara Morris
24 Matti Chappel
24 Marquan Williams
27 Minister Carl L. Towns

MAY, 2011

01 Tech. Sgt. Terrell Owens
03 Beverly Owens
04 Patricia Fricks
05 Roby & Sonia Johnson
Anniversary
05 Bretia Smith
05 Eboni White
05 Angeline Whitelow
05 Anaya Wright
06 Catherine Dixon
06 Deacon Robert Owens
11 Carrie Ellis
17 Al Goode
18 Dea. Emer. Carl O. Towns
19 B. B. Owens
20 Deanna LeShoure
21 Ophelia White
23 Shatiqua "Tiki" Brown
26 Randell & Ciceli McLin
Anniversary
28 Mitch Chappel
31 Dea. Sam & Jean Gaynor
Anniversary

The grandchildren of Mother BEATRICE TAYLOR will host a reception in honor of her 106th birthday, immediately following Pilgrim's morning worship on Sunday, April 17. All are welcome!

CONGRATULATIONS

■ Pilgrim members **Leona Charles, Lorraine Thurmond,** and **Vivian White** were among those recognized on March 26 by the American Legion for their years of exemplary service.

■ As President of the American Legion's 80/40 Illinois Women, **Lorraine Thurmond** had the honor of placing a wreath on President Lincoln's tomb on February 12 in Springfield.

■ The Rockford Heritage Museum has named **Emma Gentry** "Woman of the Year" with a display to remain at the Museum through April 17. She was "Miss Rockford" in 1977 and 1980 and "Miss Janesville" in 1984.



HEALTH NEWS: HEART FAILURE

Stay Healthy! Joy Tolbert and Rosalynd Mincy—Health Ministry Team



Heart failure, or congestive heart failure, is when your heart cannot pump (eject) enough blood to meet your body's needs, resulting in symptoms like fatigue, shortness of breath, and swelling. **Causes:** Heart damage from heart attacks, uncontrolled high blood pressure, heart valve problems, long-term alcohol abuse, infections of the heart, coronary artery disease, and heart problems with which you were born. **Signs and Symptoms:** Rapid weight gain; shortness of breath; swelling of legs, feet, and hands; chronic lack of energy; difficulty sleeping at night due to breathing problems; dizziness or lightheadedness.

Treatment - Self-Care Behavior: Weigh yourself every day in the morning after going to the bathroom, write the weight down, and call your doctor if you gained 3 pounds overnight or 5 pounds in 5 days. Eat a low-salt diet (2000mg or 2 grams of sodium each day. Exercise--aim for 30 minutes daily (*check with doctor as to type and duration*). Quit smoking, as it reduces oxygen in your blood and makes heart beat too fast. Consult your doctor with any concerns as stated above.

Treatment - Medications: It is very important to take your medications exactly as prescribed!

For chest pain/tightness, extreme shortness of breath, feeling like you are going to pass out, CALL 911.

GREAT RIVERS REGION, AREA 1 MEETING

Pilgrim is a member of the Great Rivers Region of the American Baptist Churches and hosted its first Area 1 Leadership Summit on Saturday, March 12, 2011. The Great Rivers Region encompasses all of Northern Illinois except Cook, DuPage, and Lake Counties. This training, facilitated by Dave Garda and his wife Rennie Garda, was entitled, "The Leadership Genius of Hezekiah." The purpose was to help ministries run productively and smoothly within the church.



Above, Pastor Kenneth Board is shown with Dave and Rennie Garda of Cadre Ministries located in Sycamore, Illinois. This training for Area 1 was in lieu of their annual meeting this year.



At left, participants work on assignments in a break-out session in a sanctuary during the training. Breaks, meals, and fellowship times were conducted in the Nancy Smith Youth Center, and free daycare was provided for children.



Virginia Pettigrew-Wheaton was Pilgrim's coordinator for this event with assistance from the **Leadership Council**.

"MEN UNDER CONSTRUCTION"

Pilgrim's Men! Congratulations and much love to these gentle giants who touch every aspect of our service to God and our community! Their accomplishments are too numerous to mention here, but suffice it to say they are always ready to serve in whatever role is necessary. They are preachers, deacons, teachers, technicians, musicians, fitness experts, artists, ushers, mentors, architects, accountants, electricians, drivers, community leaders, cooks (yes, cooks!), servers, coaches . . . and the list goes on! They truly give their best for God's Glory!

The theme for their annual day on Sunday, March 27, was "Men Under Construction". **Rev. Bryan Gatlin**, Assistant Pastor of Providence Baptist, was guest speaker during morning worship, and **Rev. Brian Shields**, guest from Cleveland, gave the invocation. **Sharon Thurmond** directed the awesome Men's Choir (below), and they were accompanied by musicians **Tony Tennyson, James Higgins, and Evon Sams**. "Unlimited Praise," directed by **Matti Chappel**, ministered with dance.

As president of Pilgrim's Brotherhood Ministry, **Leonard Tolbert** narrated as photos of some of the men and their activities were shown on the screen by Tech Ministry members.



Pilgrim's men have class! To cap off a wonderful worship service in celebration of their annual day, they thanked the women for support and presented a rose to each of them present. The top photo shows **Remere DuBois** and **Deacon Ernest Evans** distributing roses. In the lower photo, **Mrs. Georgia Moore**, junior ushers, and others show their appreciation!



Ministry Focus for 2011: "Our Best for God's Glory!"

MISSIONS TRIP TO ETHIOPIA

By Minister Carmen Jordan

On May 21, 2011, a team of humble servants, including myself, will embark on a nine-day Missions trip to Addis Ababa and Mekele, Ethiopia. The team of eight from Tennessee, Oregon, Texas, Wisconsin, and Illinois will be under the leadership of Rebekah Holzhusser, Missions Coordinator for "All God's Children International." This Oregon-based organization is dedicated to orphan care, missions, and international adoptions in nine countries throughout the world. During their time in Ethiopia, the team will share the love of Jesus Christ to children in three different orphanages.

Another task of the mission's team is to minister to women in the Rachel's Faith ministry, which is a ministry that provides vocational training to women. In addition to each team member being responsible for funding their individual expenses, the team is in need of various items in order to complete the many tasks of this mission. I will be sharing more details with you later.

On behalf of the entire team, I ask that you pray for God's covering of us during our time overseas. Please pray that we are open to the leading of the Holy Spirit and that our spiritual eyes and ears are tuned in to God's amazing glory. Pray that we seek the needs of the people and meet them as we are led. Please pray that we have a spirit of unity and oneness. Please pray that lives are forever changed by being drawn closer to the Father, in the name of the Son and through the Power of the Holy Spirit.

If you would like more information about this mission trip, please feel free to visit this Website: www.allgodschildren.org/waystogive/mission_trips/ or you may contact me at Carmen591@gmail.com



WEDNESDAY NOON BIBLE STUDY
The Wednesday noon Bible Study class taught by Pastor Board is GROWING . . . It is open to all, and we are currently studying in Genesis. On Ash Wednesday, March 9, (bottom right), Leatha Adams receives a Cross in ashes on her forehead from Pastor Board, assisted by Minister Angela Davis. This was done for all who desired it.



BIRTHDAY PARTY FOR T.L.

Thomas L. Weddle, more lovingly known as "T.L.", invited his Pilgrim family and friends to share in his birthday celebration on Saturday, March 19, at Pilgrim.

T.L. has been a Pilgrim member since 1984 and proudly served for many years as Pilgrim's Custodian before retiring. He is one of the faithful men of Pilgrim who are always ready to serve wherever needed. He assists with the Van Ministry and is said to make a mouth-watering sweet potato pie!



PILGRIM'S NEEDS

Pastor Board made an appeal in his *Pastor's Corner* for volunteers to "serve in these life-changing ministries so that our church can flourish." You may contact the office or one of the following:

- Children's & Youth Ministry (CYM): **Minister David Sidney**
- Children's Church: **Minister Carmen Jordan**
- Pilgrim's Tots Nursery: **Nichole Gallas or Lady Marilyn Board**

